



LMFT 45203

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## Policies

1. Clients are expected to participate in weekly group meetings and weekly individual sessions. It is understood that sessions occasionally will be missed due to illness or other obligations. However, inconsistent attendance may result in being asked to leave the program until the client can commit to a consistent schedule.
2. It is requested that clients needing to cancel a session provide at least 24 hours notice prior to the session. Cancellations without 24-hour notice will be charged the full fee. Notice may be given by phone or email.
3. Individual sessions (50 minutes) will be scheduled on Saturdays.
4. The group will be limited to 8 participants.
5. Clients will pay for sessions prior to the session via internet (preferred) or in person via cash, check, or credit card.
6. Individual sessions are purchased individually, or as far in advance as desired.
7. Rates may be increased with 60-day's notice.
8. Establishing friendships/relationships with other group members outside the therapeutic environment is discouraged. It is common to meet people in the group setting that share similar life experiences. However, meeting outside the therapeutic environment disrupts the group harmony. When two people in the group share an alliance, others may feel excluded.

I have read the above policies and certify that I understand the expectations.

\_\_\_\_\_  
Print Client Name

\_\_\_\_\_  
Client Phone Number

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date